



BIRTH MARK

MAKING DOULAS ACCESSIBLE

birthmarksupport.com

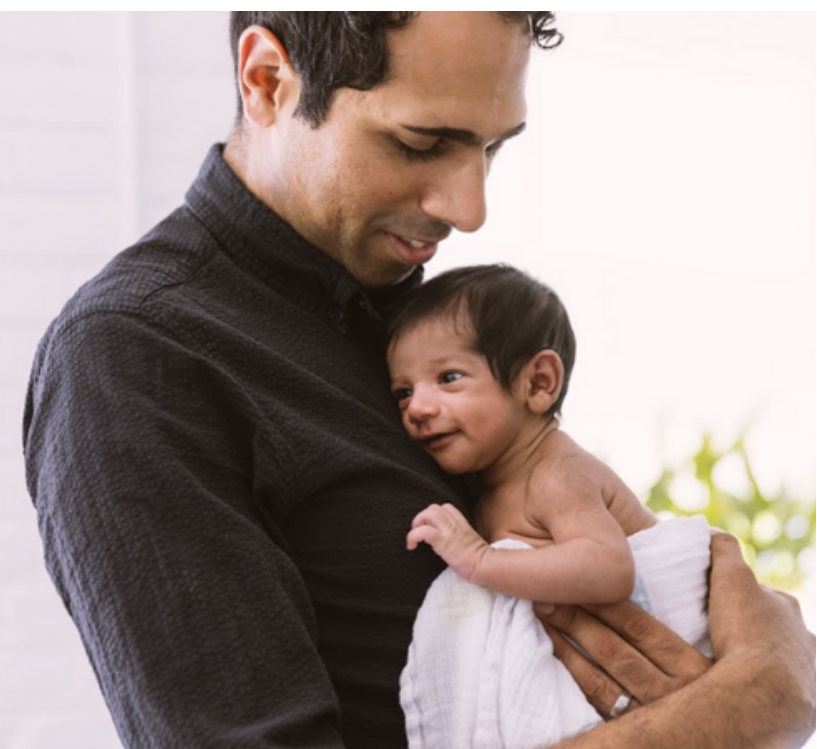


OUR MISSION

We believe that everyone should have equal access to doula care, regardless of their circumstances or past experience. We support at-risk and marginalized individuals, and their families, as they navigate systems of sexual health, reproductive health and infant care in Toronto and Hamilton.

FULL SPECTRUM DOULAS

Birth Mark doulas provide inclusive, non-medical, emotional, physical, and informational support to clients navigating all reproductive events. Our doulas specialize in supporting individuals through their unique journey of fertility, birth, postpartum, abortion, and/or loss.



FUNDING

Birth Mark is a registered charity. We operate on private funding and community donations alone. This model launched us but is not sustainable as we continue to grow and seek to extend our impact. We are continuously exploring additional funding opportunities and welcome new partners and donors.

SEEKING CHANGE

Birth Mark is a group of passionate change-makers working to revolutionize reproductive rights in Ontario and beyond. Currently, the doula profession is unregulated. Birth Mark is advocating for doulas to become a recognized body of healthcare professionals.



50 DOULAS AND COUNTING

Our team of full spectrum doulas has grown from six doulas to over fifty in only three years. There is a growing awareness of the need for accessible, professional, and compassionate doula care that is responsive to the unique needs of each individual and community. Our vision for the future? To see accessible reproductive doula support available across Canada.

SEED & SPROUT

Seed & Sprout is a Family Building Space for 2SLGBTQIA community. Services in the Greater Toronto Area area are limited for these families and our goal is to fill the gaps. We foster a circle of care through inclusive reproductive support, queer & trans focused family education and community building.





SERVICES

Full Spectrum Doula Services
Perinatal & Childbirth Education
Lactation Support Clinic
Naturopathic Clinic
2SLGBTQIA Family Programming
Parenting Workshops & Support Groups
Weekly Yoga and Mindfulness Classes
Donation Centre

1075

**FAMILIES/
PEOPLE
SUPPORTED BY
BIRTH MARK**

1050+

**MOBILE
GIVING WALL
DELIVERIES**

625

**BABIES BORN W/
BIRTH MARK
DOULA SUPPORT**

"When you're having a baby, you don't want to be alone. You don't want to doubt yourself. Birth Mark doulas were comforting and it helped boost my confidence."

- Birth Mark Client



Executive Director Patice Romeo
patice@birthmarksupport.com

TORONTO
info@birthmarksupport.com

birthmarksupport.com

HAMILTON
hamilton@birthmarksupport.com